

## Us Girls Alive Project Information Sheet - Club Members Survey

### **What is the study about?**

The overall aim of this project is to evaluate the Us Girls Alive clubs which you are currently taking part in.

### **Who is collecting this data and why?**

The BHF National Centre for Physical Activity and Health at Loughborough University have been asked by StreetGames to find out about your current lifestyle, like what you eat, how you feel about yourself and your activity levels, and how taking part in the Us Girls Alive programme may have affected it.

### **What will I have to do if I take part?**

If you would like to take part, please read and sign the consent form attached to the survey then complete the questions. Once you have completed the survey, please return it along with the consent form in a sealed envelope to your Us Girls Alive coach or *Motivator*. If you return a completed survey and consent form you will be entered into a prize draw to win one of three £10 gift vouchers.

We may send you another similar survey in the future.

### **What personal information will be required from me?**

We will ask you for your name and a contact email or post address so we can send you a second survey in about a year's time.

### **Are there any benefits in my taking part?**

You will receive no direct benefit from taking part in this study, except that if you return a completed survey and consent form you will be entered into a prize draw to win one of three, £10 gift vouchers.

### **Are there any risks involved?**

There are no risks involved in taking part. We are only asking you to complete a survey.

### **Who will see the information that is collected?**

Any information you give will be stored safely and only the evaluation team at the BHF National Centre will see it. Your name or identity will not be used when the project is written or talked about in the future.

### **Do I have to take part in the study?**

You do not have to take part in the study and you can stop taking part at any time without telling us why, just let the investigator know that you no longer wish to take part.

### **Where can I get more information?**

If you would like more information or have any questions, please contact a member of the evaluation team:

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