



Sporting Futures have been working in partnership with Streetgames to deliver a national project known as the Doorstep Sports Club. The club is devised to deliver sport in the most deprived communities across the country, on the doorstep of young people aged 14-25.

The Aldercar Doorstep Sports Club was piloted back in 2010 and was a huge success with over 20 young people regularly attending. Sports such as Badminton, table Tennis, Gymnastics, hockey, football, Frisbee and Nerf Ball were just some of the sports delivered over the course of the first year.

One young man has been attending the sessions since day one, Ali Seti-Yesh aged 16 who moved to Aldercar from the Middle East in 2009 and started attending the local secondary school.

When Ali first attended the Doorstep Sports Club he didn't speak much English and found it very difficult to

**Report Subject:**  
**Doorstep Sport -**  
**Changing Lives**

**Title:**  
**Ali Seti-Yesh -**  
**Aldercar Doorstep**  
**Sports Club**

engage with the other participants. Ali would generally cause quite a few disruptions, as this was his way to communicate.

Over the last 2 years the coaches have worked with Ali at the Doorstep Sports Club to

improve behaviour, understanding and improve skills.

When asked how he felt the project had developed him as a person, Ali replied '*The project has helped me to become more confident and improve my own skills as well as working in a team. It has helped me to concentrate more in school and the sports we do are fun and I enjoy them'*



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# Background Facts for Doorstep Sport

Since joining the Doorstep Sports Club session, Ali has improved his confidence and has also started attending the Wednesday and Friday night football projects delivered at the same location. His English has improved dramatically and this has helped him gain many more friends at the sessions.

Rob Still, Lead coach at the Doorstep Sports Club said '*Ali has done extremely well at the DSC, he attends every week and has even started coming to the Football sessions we deliver. Since he first started he has lost 4 stone which is a great achievement for Ali.*'

As Ali's behaviour and confidence improved, he began to show signs of leadership at the sessions delivered on a Monday Afternoon at the local school, offering support to both coaches by taking registers, setting up teams and organising games.

Sporting Futures Coach, Helen Willis, said '*I can't believe how much Ali has changed in the last two years, when he first started he was quite difficult to work with as he had many barriers, but now he is a lot more confident in himself, works well with the younger age groups and really helps myself and Rob at the sessions'*

Ali is hoping to go into a career in sports (in particular football), and is taking steps in the right direction to help him get there. As well as continuing his education in 6th form college, he is working towards his Community Sports Leaders Award (CSLA), and volunteers with Sporting Futures twice per week, with a view to securing additional paid coaching work with Sporting Futures going forwards.

Ali is a shining example of how Sport really can help to change lives.

## StreetGames

StreetGames is a national partner of Sport England and a centre of expertise for developing doorstep sport in disadvantaged communities.

The charity supports community based sports projects that deliver sport and volunteering opportunities to young people living in the 20% most deprived wards in the UK.

StreetGames works with National Governing Bodies of Sport to establish and develop links between community and mainstream sport. Recognised by the London 2012 Olympic & Paralympic Games Inspire Mark, StreetGames is creating a lasting legacy of doorstep sport in the UK.



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