



The Doorstep Sport Clubs (DSCs), which were set up in October 2012 as part of the DSC pilot, are led by the Leisure Services Team at Newcastle City Council and take place on Friday evenings at the Centre for Sport Leisure Centre in the West End of Newcastle.

The Clubs have a strong youth action focus. Sports played each week at the Fusion Plus Club are selected based on participant demands and have included a range of activities such badminton, basketball, cricket, dodge ball, fitness, football, rugby and handball. The sessions are delivered in an informal style, including fun challenges and internal competitions. To date over 90 participants have attended the DSC – comprising mainly males aged 14-19 years.

Guest coaches from Newcastle Falcons Rugby Club and Newcastle Eagles Basketball Club have also been invited to lead sessions at the DSC, which the young people have thoroughly enjoyed taking part in.

Report Subject:
Newcastle Fusion Plus
& Girls Fitness DSC

Title:
Delivering a vibrant and varied (VIVA) sporting offer & Youth Leadership and Action

On the same night, the Centre also provides a female only Fitness club with activities provided including dance and fitness. To date 35 participants have been engaged - comprising all females, with the majority aged 16-19 years.

The DSCs place a strong emphasis on developing young volunteers. The DSC coaches leading the sessions are supported by six young volunteers who are part of the StreetGames Young Volunteer programme. In addition to gaining *on-the ground* experience during the weekly sessions, the volunteers have also taken part in a wide range of training courses, including Activator workshops in rugby and tennis plus NGB Level I qualifications.

Young females from the Girls Fitness Club have also been encouraged to develop their leadership skills - with two now having completed their Street Cheer Coaching training and leading teams in the Cheerleading National Championship (*including the winning team*). One young volunteer, Paige Curl will now be taking over as lead



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Background Facts for Doorstep Sport

instructor at a dance based session held at the Centre on Monday evenings.

In addition to the weekly sports sessions, the DSCs have also provided participants with a variety of opportunities to take part in other activities, as a means of providing participants with a vibrant and varied offer throughout the year. This has included providing:

- Pop Up Tennis sessions - linked to Wimbledon 2013 in partnership with the LTA
- Pop Up Rugby sessions - linked to the Rugby League World Cup 2013 (including tickets to watch England play)
- Hosting a dodge ball festival together with other doorstep sport partners in the North East including Hat Trick, North Tyneside and Newcastle United Football Foundation Kickz and NCS projects.

- An opportunity to play basketball at half time at Newcastle Eagles match (led by two of the Club's young volunteers: Adam and David).
- An opportunity to watch an England under 20s rugby match at Newcastle Falcons ground.
- An opportunity for females attending the fitness/dance session to perform at City Hall in Newcastle
- A Go-Karting social trip to Gateshead.
- 26 young attending the Streetgames North West Multi Sports Festival and taking part in three different sports, basketball, dodge ball and football.
- Members of our Fusion plus DSC helping with the Children in Need Festival at the Centre for Sport, this was their first volunteer or leading experience for some of the group.

StreetGames

StreetGames is a national partner of Sport England and a centre of expertise for developing doorstep sport in disadvantaged communities.

The charity supports community based sports projects that deliver sport and volunteering opportunities to young people living in the 20% most deprived wards in the UK.

StreetGames works with National Governing Bodies of Sport to establish and develop links between community and mainstream sport. Recognised by the London 2012 Olympic & Paralympic Games Inspire Mark, StreetGames is creating a lasting legacy of doorstep sport in the UK.



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