

**street
games**
case study



Report Subject:
**Active Newham, Newham
Ability Camp DSC**

Title:
**Equity and Encouraging
Lifelong Participation**

The Doorstep Sport Clubs (DSC) programme, which was set up in October 2012 as part of the DSC Trailblazer programme, is led by the Sports and Activities Team at Active Newham.

Thanks to the Street Games DSC funding, the Newham Ability Camp, a pan disability sports club for young people, has managed to double the club delivery.

The sessions now take place on Wednesday evenings 5:30pm-6:30pm and on Friday evenings 4:30pm-6pm at Newham 6th Form College.

The Club has a strong equity focus, providing activities for young people with a wide range of disabilities, giving them opportunities to participate in a safe, supportive environment regardless of their ability level and experience.

The Newham Ability Camp DSC activities are provided in 6 week blocks and have included a range of different

sports such as football, tennis, table tennis, wheelchair basketball, rugby, athletics, cricket, trampolining and judo.

To help create this varied sporting offer, the DSC has developed a range of partnerships with local sports clubs, so that if the DSC coach isn't qualified in a particular sport requested by the young people, a specialist coach from a local sports club will be brought in to deliver the activity. In addition, members of the NewVic Sports Leadership Academy volunteer on a weekly basis to support the club delivery and increase their own skill level when coaching disabled youngsters.

The main focus of the Club is around empowering young people with disabilities. The DSC works to raise the confidence and aspirations of participants to enable them to 'make their own way' in sport in the future. Strong links created with local sports clubs, who come into the DSC to deliver sessions enhance this. A variety of participants who have tried sports delivered by a local sports club



Background Facts for Doorstep Sport

within the DSC setting, have gone on to join the local sports club off the back of the six week taster sessions, thus supporting the development of a Sporting Habit for Life.

In addition to their weekly sessions, The Newham Ability Camp Doorstep Sports Club also represented the London Borough of Newham at the recent 'Time to Shine' Residential Sports Week at Stoke Mandeville. The event provides young people from the ages of 11-18 years with disabilities a chance to participate in different sports over a 3 day period.

Newham took 24 DSC participants to the residential event. All of the young people took part in a variety of different sports, including cycling, street dance, rugby, judo, rowing, archery, seated volleyball, indoor rowing, swimming, tennis and wheelchair basketball. They also won the Best Team Spirit Award.

Three participants from the club who were too old to participate were taken to the event to help support the younger participants. These volunteers will be supported and mentored as future DSC volunteers to help support the club to grow, with a new session starting near the Olympic Park in September 2014.

StreetGames

StreetGames is a national partner of Sport England and a centre of expertise for developing doorstep sport in disadvantaged communities.

The charity supports community based sports projects that deliver sport and volunteering opportunities to young people living in the 20% most deprived wards in the UK.

StreetGames works with National Governing Bodies of Sport to establish and develop links between community and mainstream sport. Recognised by the London 2012 Olympic & Paralympic Games Inspire Mark, StreetGames is creating a lasting legacy of doorstep sport in the UK.

