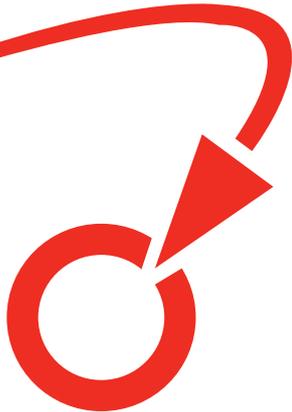


street games case study



Report Subject: Nigeria Community Leeds DSC

Title: Delivering a vibrant and varied (VIVA) sporting offer, Youth Leadership and Action & Equity

The Doorstep Sport Club (DSC), which was set up in September 2013, is led by the Nigeria Community Leeds (NCL) a registered charity based in West Yorkshire. NCL exists to support members of the public who are Nigerian, supporting them to reach their full potential as individuals contributing to health and socio-economic wellbeing in the city of Leeds.

The DSC host a vibrant and varied choice of activities throughout the week. This includes two dance sessions per week on a Wednesday and Friday evening at a local dance school, football on a Friday evening at Leeds City College, and table tennis, badminton and swimming all running on a Saturday evening 5pm-7pm at Quarry Hill Sports Centre.

The outcomes of the DSC were to initially engage, then retain participants and finally to develop and grow young people's aspirations in the area of sport and fitness. Something the DSC is well on their way to achieving.

Participation and retention is extremely high within the DSC, with a total of 59 participants registered, totalling 785 attendances to date. The high retention rates are due to the DSC being volunteer led, with young people from within the sessions taking an active role in the development and delivery of each session.

This model is particularly successful within the dance session – which is run by two youth leaders, aged 19 and 21 who choreograph and teach routines to the rest of the group each week. The dance aspect of the DSC has made a remarkable difference to young female BME participants from some of the most deprived areas in Leeds. The NCL Dance Club is innovative in its approach in that it provides an avenue for engaging in a positive healthy activity that engages and captures the imagination of the participants.

The DSC rewards continued participation with trips out and special treats, most recently being a group trip to a



Background Facts for Doorstep Sport

dance expose at Leeds University, which inspired and motivated the young people, taking ideas back to be used within their own routines.

Due to the strength and continued success of the football session - which is also run by two volunteers from within the Community - NCL have organised a community

football event on Saturday 28th June. The event aims to provide a fun filled family day, where teams play a tournament for the coveted LaCoN 2014 title. There will also be the opportunity to enjoy a taste of African food and music, drive community cohesion, plus an opportunity to grow the legacy of football as a Doorstep sport in the community.

StreetGames

StreetGames is a national partner of Sport England and a centre of expertise for developing doorstep sport in disadvantaged communities.

The charity supports community based sports projects that deliver sport and volunteering opportunities to young people living in the 20% most deprived wards in the UK.

StreetGames works with National Governing Bodies of Sport to establish and develop links between community and mainstream sport. Recognised by the London 2012 Olympic & Paralympic Games Inspire Mark, StreetGames is creating a lasting legacy of doorstep sport in the UK.

